



# **SAILING INSTRUCTIONS**

## Mount Martha Yacht Club 2016 - 2017 Sailing Season

### **1. RULES**

Mount Martha Yacht Club (MMYC) racing will be governed by the rules as defined in *The Racing Rules of Sailing* except as may be amended by these Sailing Instructions.

### **2. NOTICE TO COMPETITORS**

Notices to competitors will be posted on the official Notice Board located in the Club.

### **3. CHANGE TO THE SAILING INSTRUCTIONS**

Any change in the Sailing Instructions shall be posted not later than thirty minutes prior to the start of the race on the Notice Board.

### **4. SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed on the flag poles of the Club or a board adjacent.

**4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than ten minutes' in the race signal AP.

### **5. SCHEDULE OF RACES**

**5.1** The schedule of races for the 2016 - 2017 Sailing Season is published in the Sailing Program available on the Club website.

**5.2** The scheduled start time for the first race each day is published in the Sailing Program available on the Club website.

### **6. DIVISION FLAGS *(based on latest YV yardstick)***

<b>Division 1 -</b>	YV Yardstick of 85 or less	<b>Flag -</b> Naval Numeral 1
<b>Division 2 -</b>	YV Yardstick of 85.1 to 99.9	<b>Flag -</b> Naval Numeral 2
<b>Division 3 -</b>	YV Yardstick 100 to 118.5	<b>Flag -</b> Naval Numeral 3
<b>Division 4 -</b>	YV Yardstick 118.6 to 132	<b>Flag -</b> Naval Numeral 4
<b>Division 5 -</b>	YV Yardstick 132.1 or greater	<b>Flag -</b> Naval Numeral 5

### **7. THE COURSES**

**7.1** Proposed courses are advised in the Sailing Program schedule.

**7.2** Courses may be a triangle, trapezoid or another configuration. The course configuration will be decided by the Rear Commodore or by the Race Committee no less than 30 minutes prior to the warning signal.

**7.3** The number of laps and type of course will be displayed on the start boat course board prior to the warning signal. Please note the number of laps may be different for each division and may be different from what was indicated at the race briefing.

**7.4** The start boat will indicate which side marks are to be passed by displaying either a green flag for starboard or red flag for port with or prior to the warning signal of the first start.

**7.5** The wind speed range for a start or race will be between 3 and 22 knots. If the wind speed average over 10 minutes is consistently exceeding 22 knots or is consistently less than 3 knots, the start or race will be either postponed or abandoned at the sole discretion of the Officer Of the Day (OOD) or Race Committee.

## **8. MARKS**

**8.1** Marks of the course will be clarified on the day and advised at the race briefing.

<b>Committee Boat</b>	<b>Call sign 'Dusty'</b>
Mark 'S' –	Yellow pencil mark with a black band
Mark 'SF' –	Yellow pencil mark
Mark 'A' –	Yellow triangular mark
Mark 'A1' –	Yellow pencil mark with red stripes (if laid)
Mark 'B' –	Yellow or orange cylindrical mark (if laid)
Mark 'C' –	Yellow or orange cylindrical mark (if laid)
Marks 'Gp' & 'Gs' –	Orange cylindrical marks (gate marks – if laid)

**8.2** The leeward marks of the course may constitute a gate (if specified in course). Boats are to enter the gate between 'Gs' and 'Gp' and exit in one of two ways:

- (a) Gs to be rounded to Starboard
- (b) Gp is to be rounded to Port

## **9. AREAS THAT ARE OBSTRUCTIONS**

**9.1** The imaginary finish line between the Committee Boat and mark 'SF' can be considered a virtual fence 3 minutes after the last warning signal and ranks as an obstruction to the course. Failure to adhere to this may result in being scored DSQ.

**9.2** Any boat entering a 'No Boating Zone' during a race may be scored DSQ without a hearing.

## **10. THE START**

**10.1** Races will be started by using rule 26 modified as follows:

- (a) The division Naval Numeral flag will be flown at three minutes before the starting signal.
- (b) Code flag 'P' will be flown at two minutes & lowered at one minute before the starting signal.
- (c) The division Naval Numeral flag will be lowered at the starting signal.

**10.2** Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded.

**10.3** The start line shall be an imaginary line between the mast the Club Burgee is flown from on the committee boat, which shall be at the starboard end, and Mark 'S' at the port end.

**10.4** An anti-barging buoy may be laid to the stern of the Start Boat.

**10.5** Any boat, who's warning signal has not sounded, which interferes with a boat that is in the starting sequence, shall be subject to disqualification.

**10.6** A boat starting later than three minutes after her starting signal may be scored Did Not Start (DNS) without a hearing. This changes rule A4.

**10.7** The starting order shall be at the discretion of the Race Committee. Multiple divisions may be started together as signalled by the division flags.

## **11. RECALLS**

**11.1** Individual Recalls shall be signalled by displaying code flag 'X' with hailing where possible. A sound signal may also be made.

**11.2** General Recalls shall be signalled by the hoisting of the code flag '1st Substitute'. Two sound signals will be made. Divisions that are recalled shall be restarted after the last division's sequence.

**11.3** It is the onus of each boat to ensure that they have started correctly.

## **12. THE FINISH**

**12.1** The finish line shall be between the mast the Club Burgee is flown from on the committee boat and Mark 'SF'.

**12.2** When boats have cleared the finish line they must not obstruct or hinder boats finishing, starting or still racing.

## **13. PENALTY SYSTEM**

**13.1** For divisions 1 and 2, rule 44.1 is changed so that the Two-Turns Penalty (720°) is replaced by the One-Turn Penalty (360°).

## **14. TIME LIMITS AND SHORTENED COURSE**

**14.1** The time limit will be two and a half hours for a single scheduled race day or one and a quarter hours for all multiple races scheduled on that day.

**14.2** After the first boat sails the course and finishes the remainder of the boats in that division must finish within:

**(a)** 15 minutes on a multiple race day

**(b)** 30 minutes on a single race day

Boats failing to finish within the above times may be scored Did Not Finish (DNF) at the discretion of the Race Committee.

**14.3** Races shall not be shortened unless one lap has been sailed by the leading boat in that division, and it is apparent that no boat shall finish the course in time, or the Race Committee decides that for safety reasons it is in the best interests of all sailors to do so.

**14.4** If a race is shortened, all boats shall proceed directly to the Finish as described in clause 12. This alters rule 32.

## **15. PROTESTS AND REQUESTS FOR REDRESS**

**15.1** Protest forms are available at the race office, located in the MMYC tower. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

**15.2** For each division, the protest time limit is 30 minutes after the last boat has finished the last race of the day.

**15.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a time, date and location specified on the notice.

**15.4** Notices of protests by the Race Committee will be posted to inform boats under rule 61.1(b).

## **16. SCORING**

**16.1** The low point scoring system of RRS Appendix A, A4.1 and A9 will apply. A9 is varied however so boats that did not come to the starting area (thus DNC) and entered in the series, shall be scored points for the finishing place of two more than the number of boats at the starting area.

**16.2** Three races are required to be completed to constitute a series.

**16.3** The race program designates how many races may count for scoring each series

**16.4** Members rostered on duty will be entitled to receive for that day points equal to the average of their top 3 placing's in the series provided they notify their Duty to the Official Scorer or his representative prior to racing commencing and:

**(a)** It is their scheduled day for duty

- (b) They have swapped with another member and notified (administrator@mmyc.org.au) the organiser of the online website roster prior to the day
- (c) they have been asked to do duty to fill in for a member who has not reported for duty (this request will probably be made during the briefing)
- (d) provided they sail 3 races in the series

## **17. SAFETY REGULATIONS (Signing On & Off)**

**17.1** All skippers intending to start a race session shall 'Sign On' at the clubhouse prior to the warning signal as follows:

- (a) Skippers shall use the iPad device to 'Sign On' or if that is not available the 'Sign On' sheet provided.
- (b) Skippers or boat details not registered for the series need to register for the event or the series one hour before the first warning signal of the race day on the registration iPad supplied at Club or via the registration link published separately to all members.

**17.2** Any permanent or temporary change of sail number will only be accepted if the provided Change of Entry Details form is submitted to the Race Committee in addition to the requirements of 17.1(b)

**17.3** All skippers must 'Sign Off' on the iPad provided at the Club within 20 minutes of the last boat to finish the course in each race session REACHING the shore or within such an extended period as the Race Committee at their discretion may allow. Any skipper not 'Signed Off' within this limit may be scored DSQ. It is incumbent on all skippers to complete the Race Declaration Sheet if supplied, to indicate DNF, DNS etc against the relevant race as soon as possible after finishing.

**17.4** Skippers retiring from a race shall wherever possible notify an official patrol boat when leaving the course area as well as "Sign Off" on the iPad and complete the Race Declaration Sheet as indicated in 17.3 as soon as possible.

**17.5** All competitors shall wear personal flotation devices at all times on the water, which are in good condition and are in accordance with the specifications issued or approved by the national authority. Attention is drawn to Fundamental Rule 1.2. Failure to adhere to this will result in being scored DSQ without hearing.

## **18. REPLACEMENT OF CREW AND EQUIPMENT**

**18.1** Substitution of skippers, boats or a boats class will be scored separately within a race series.

**18.2** Substitution of a boats class within a series will render handicap results for that boat void.

## **19. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and Sailing Instruction requirements.

## **20. ADVERTISING**

Boats shall display advertising supplied by the organising authority as instructed on the day if required.

## **21. OFFICIAL BOATS**

Official boats will be marked with a MMYC Club Burgee flag.

## **22. SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first division to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

## **23. RESULTS**

Results will be posted on the Mount Martha Yacht Club website when available.

## **24. RACE COMMITTEE**

For any MMYC programmed race the Race Committee can constitute any or all of the following depending on availability on the day.

- Commodore
- Rear Commodore
- Officer Of the Day (OOD)
- Patrol Boat Skipper
- Member of the Sailing Committee

The Officer Of the Day has the final decision in relation to any proposal to postpone or abandon a race.