



SAILING INSTRUCTIONS

2023-24

1. RULES

All races will be governed by:

- 1.1. The rules as defined in *The Racing Rules of Sailing* (RRS)
- 1.2. The Special Regulations of Australian Sailing (AS)
- 1.3. All Green Fleet races will be governed by the rules as defined in *The Introductory Rules of Sailing*
- 1.4. Add to RRS41: (f) help in navigation and trim, or to recover from a capsize, from an authorised race official that is given to a junior or novice sailor that is struggling to stay with the fleet.
- 1.5. The Sailing Instructions may alter the Racing Rules of Sailing.

2. NOTICE TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located at the Club and via the Sailor App..

3. CHANGE TO THE SAILING INSTRUCTIONS

- 3.1. Any change in the Sailing Instructions shall be posted not later than 60 minutes prior to the start of the race on the notice board.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flag poles of the Club or a board adjacent.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE OF RACES

- 5.1. The schedule of races is shown in the Sailing Program available on the Club website and the Sailor App. The scheduled start time is the time of the first division to start.

6. DIVISIONS & FLAGS

- 6.1. Division flags for boats sailing on MMYC courses

Division	Yardstick	Flag
1	Multihull/Monohull - YV Yardstick under 79	Numeral 1
2	Multihull - YV Yardstick of 79 and above	Numeral 2
3	Monohull – YV Yardstick 79 to 100	Numeral 3
4	Monohull – YV Yardstick 101 to 120	Numeral 4
5	Monohull – YV Yardstick 121 to 132	Numeral 5
6	Monohull – YV Yardstick over 132 and Greenfleet	Numeral 6

7. RACING AREAS

- 7.1. The Racing Area for MMYC course will be the waters of Port Phillip off MMYC.

8. THE COURSES

- 8.1. MMYC standard course diagram is shown in Attachment "A" including the order in which marks are to be passed and the side on which each mark is to be left. If the proposed course differs from that of the standard course diagrams, it shall be illustrated on the notice board no less than 60 minutes prior to the warning signal and will be communicated at a briefing. Code flag "L" may be flown from the Club to indicate a change to the standard courses as illustrated on the notice board.
- 8.2. Mark roundings are as follows:
- Division 1 - Start – 1,3S/P – 1,3S/P – 1,3S/P – 1,3S/P – FINISH
 - Division 2 - Start – 1,2,3S/P – 1,3S/P – 1,2,3S/P – FINISH
 - Division 3 - Start – 1,3S/P – 1,3S/P – 1,3S/P – FINISH
 - Division 4 - Start – 1,3S/P – 1,2,3S/P – 4,3S/P – FINISH
 - Division 5 - Start – 1,2,3S/P – 4,3S/P – 4,5,3S/P – FINISH
 - Division 6 - Start – 4,3S/P – 4,5,3S/P – FINISH

MARKS OF THE COURSE

Mark	Description
1	Large pink inflatable mark
2	Large pink inflatable mark
3S/P	Large pink inflatable marks
4	Large yellow inflatable mark
5	Large yellow inflatable mark
S	Orange inflatable pencil mark
F	Blue inflatable pencil mark

9. AREAS THAT ARE OBSTRUCTIONS

- 9.1. The sea area to the north of MMYC, adjacent to the Life Saving Club, is a no-boating zone. The sea area to the south of MMYC, adjacent to South Beach, is a no-boating zone. Both zones are marked by a yellow warning signal on a post approximately 200m from the shore. Any boat entering a 'no-boating zone' during a race may be scored DSQ without a hearing.

10. THE START

- 10.1. To alert boats that a race or sequence of races will begin soon, the Orange Flag will be displayed on the committee vessel accompanied by one sound signal at least 5 minutes before the warning signal for the first division to start is displayed.
- 10.2. The warning signal shall be 3 minutes before the starting signal, the preparatory signal shall be 2 minutes before the starting signal. This changes RRS 26.
- 10.3. The start line will be between the mast displaying the Orange Flag on the Start Boat at the starboard end and Mark "S". A clearance mark may be positioned close to the start boat. Boats shall not pass between the clearance mark and the start boat.
- ~~10.4.~~ Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.5. A boat that does not start within 6 minutes of their starting signal may be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 10.6. Divisions that are recalled will be started after the last division's sequence.
- 10.7. The Orange Flag will be lowered on the expiration of the starting time limit for the last division.

11. THE FINISH

- ~~11.1.~~ The finish line shall be between the mast displaying the Blue Flag from a race committee vessel and Mark "F".

- 11.2. When boats have cleared the finish line they must not obstruct or hinder boats finishing, starting or still racing.
- 11.3. When another race is to be held in a session, Flag "L" may be displayed on the finish boat.
- 11.4. The Race Officer may allocate a finish place and time for a boat(s) at his or her discretion to enable fair racing for the entire fleet.

12. PENALTY SYSTEM

- 12.1. For Divisions 1,2 and 3, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13. TIME LIMITS AND SHORTENED COURSE

- 13.1. The race time limit is 90 minutes for each division or 20 minutes after the first boat finishes in each division, whichever occurs first.
- 13.2. A boat failing to finish within the time limit for its division will be scored DNF.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1. Protest forms are available at the race office, located in the MMYC tower. Protests and requests for redress or reopening shall be lodged there within 60 minutes of the finishing time of the last boat in the last race of the session.
- 14.2. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a time, date and location specified on the notice.
- 14.3. Notices of protests by the Race Committee will be posted to inform boats under rule 61.1(b).

15. SCORING

- 15.1. The low point scoring system of RRS Appendix A, A4.1 and A9 will apply.
- 15.2. 3 races are required to be completed to constitute a series.
- 15.3. When fewer than 4 races have been completed, a boat's series score will be the total of her scores.
When 4 or 5 races have been completed, the worst score will be excluded.
When 6 to 8 races have been completed, the two worst scores will be excluded.
When 9 or 10 races have been completed, the three worst scores will be excluded.
When 11 or 12 races have been completed, the four worst scores will be excluded.
- 15.4. Members rostered on duty will be entitled to receive for that day points equal to the average of their points across all races in that series excluding that days racing, provided they notify their duty to the official scorer or representative prior to racing commencing and:
 - a) It is their scheduled day for duty on the duty roster; or
 - b) They have swapped with another member and notified (administrator@mmyc.org.au) the organiser of the online website roster prior to the day; or
They have been asked to fill a duty role where someone has not reported for duty (request will probably be made at briefing); and
 - c) provided they sail 3 races in the series.
- 15.5. Members representing the Club at state or national titles may apply for points equal to the average of their points across all races in that series excluding the affected days' racing in the relevant series under the following conditions:
 - a) The club races fall on the same days as the titles races,
 - b) The official scorer or his representative is notified in advance of the club races that the member will be attending state or national titles,
 - c) They sail 3 races in the club series.

16. SAFETY REGULATIONS (Signing On & Off)

- 16.1. If a gale warning for Port Phillip issued by the Bureau of Meteorology is current 4 hours before the scheduled start signal the race session shall be cancelled.
- 16.2. For each race session, boats intending to race shall sign on using the tablet provided, their own electronic device or provided 'Sign-On' sheet at the clubhouse prior to the warning signal. Failure to comply will result in a boat being scored DSQ for the first race of the race session.
- 16.3. All boats shall sign off using the tablet provided, own electronic device or provided 'Sign Off' sheet no later than 20 minutes after the last boat to finish has arrived ashore. Failure to comply will result in the boat being scored DSQ for the final race of the session without a hearing. This changes RRS 63.1, A4 and A5. Boats intending to continue sailing after the last race of the day for either recreation or training purposes must inform a course boat of their intentions and to relay their request for sign-off to the Tower Officer.
- 16.4. COVID-19 safety requirements will be communicated regularly via the club newsletter, club website and club notice board. Competitors and support persons shall comply with the communicated requirements and shall comply with any reasonable request from an event official. Failure to comply may be misconduct pursuant to RRS69.
- 16.5. Reasonable actions by event officials to implement COVID-19 guidance, protocols or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.

17. REPLACEMENT OF CREW OR EQUIPMENT

Any permanent or temporary change of sail number will only be accepted if the 'Change of Entry Details' form is submitted to the Race Committee and approved.

18. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and Sailing Instruction requirements.

19. ADVERTISING

Boats shall display advertising supplied by the organising authority as instructed on the day if required.

20. OFFICIAL BOATS

Official boats will be marked with a MMYC Club Burgee flag.

21. RESULTS

Results will be posted on the Sailor App and maybe the MMYC website.

Attachment "A"

Division 1 - Start – 1,3S/P – 1,3S/P – 1,3S/P – 1,3S/P – FINISH

Division 2 - Start – 1,2,3S/P – 1,3S/P – 1,2,3S/P – FINISH

Division 3 - Start – 1,3S/P – 1,3S/P – 1,3S/P – FINISH

Division 4 - Start – 1,3S/P – 1,2,3S/P – 4,3S/P – FINISH

Division 5 - Start – 1,2,3S/P – 4,3S/P – 4,5,3S/P – FINISH

Division 6 - Start – 4,3S/P – 4,5,3S/P – FINISH

